Time	16/11/2026	17/11/2026	18/11/2026	19/11/2026	20/11/2026	21/11/2026	22/11/2026
06.00am	6	8	8	6	8	8	8
06.30am	6	8	8	6	8	8	8
07.00am	6	8	8	6	8	8	8
07.30am	6	8	8	6	8	8	8
08.00am	8	8	8	8	8	8	8
08.30am	8	8	8	8	c	8	8
09.00am	8	8	8	8	a	8	8
09.30am	8	c	8	8	r	8	8
10.00am	8	a	8	8	n	8	8
10.30am	8	r	8	8	i	8	8
11.00am	8	n	8	8	v	8	8
11.30am	8	i	8	8	a	8	8
12.00pm	8	v	8	8	l	8	8
12.30pm	8	a	8	8		8	8
1.00pm	8	l	8	6	8	8	8
1.30pm	8	8	8	6	8	8	8
2.00pm	8	8	8	6	8	8	8
2.30pm	8	8	8	6	8	8	8
3.00pm	8	8	8	8	8	8	8
3.30pm	8	8	8	8	8	8	8
4.00pm	8	8	8	8	8	8	8
4.30pm	8	8	8	8	8	8	8
5.00pm	8	8	8	8	8	8	8
5.30pm	8	8	8	8	8	8	8
6.00pm	8	8	8	8	8	8	8
6.30pm	8	8	5	8			
7.00pm	8	8	5	8			
7.30pm							
	50m lanes available						
	Pool closed						